

FREE!

UPCOMING

HEALTH PROMOTION

EVENTS

10AM-MIDDAY

FEB
20

NHS HEALTH CHECKS AVAILABLE

10AM-MIDDAY

JULY
22

10AM-MIDDAY

MARCH
25

NHS HEALTH CHECKS AVAILABLE

10AM-MIDDAY

SEPT
16

10AM-MIDDAY

APRIL
17

10AM-MIDDAY

OCT
16

10AM-MIDDAY

MAY
13

10AM-MIDDAY

NOV
11

10AM-MIDDAY

JUNE
26

10AM-MIDDAY

DEC
11

10AM-MIDDAY

Do you need help with?

Work & returning to employment

Money & Benefits

Health & Wellbeing Support

NHS App

Carer advice

No appointment needed!

The HUB, Woodrow Centre, B97 7RY

Dates and times noted above

Carers & Communities
Navigating Life's Journeys



NIGHTINGALES
PRIMARY CARE NETWORK



WorkWell
Herefordshire & Worcestershire